

Executive Function Coaching can potentially be a reimbursable FSA expense, and falls under the category for “[Lessons](#)” or “[Learning Disability Treatment](#)”. Here are some basic guidelines to attempt to use FSA funding for Executive Function Coaching (please speak with your FSA program administrator or HR department for specific details).

__The client/potential client has an official diagnosis of ADHD, Autism or other Medical Conditions that affect Executive Functions Skills

__The person paying for coaching is participating in a Flexible Spending Account (FSA) through their employer (more information: <https://fsastore.com/what-is-an-fsa.html>)

__The client/potential client is covered by the Flexible Spending Account (check with your FSA program administrator or HR department for more information)

__The FSA participant has received a Letter of Medical Necessity for coaching for the client/potential client from a medical practitioner.

__Once the Letter of Medical Necessity has been submitted to the FSA program administrator and has been attached to the FSA account, the FSA account holder can use FSA funds to pay for Executive Function Coaching (check with your FSA program administrator or HR department for more information on how to use funds)

Lessons: FSA Eligibility

<https://fsastore.com/fsa-eligibility-list//lessons>

LESSONS: REQUIRES A LETTER OF MEDICAL NECESSITY (LMN) TO BE ELIGIBLE WITH A FLEXIBLE SPENDING ACCOUNT (FSA)

When primarily used for the treatment of a medical condition, fees paid for lessons may be eligible for reimbursement with a Letter of Medical Necessity (LMN) with a flexible spending account (FSA), health savings account (HSA) or a health reimbursement arrangement (HRA). Lessons reimbursement is not eligible with a limited-purpose flexible spending account (LPFSA) or a dependent care flexible spending account (DCFSA).

Fees paid for lessons not related to a medical condition are not qualified medical expenses.

What are lessons for the treatment of a medical condition?

When an individual is diagnosed with a legitimate medical condition, they will rely on their doctor and other health professionals to guide them through the treatment process, but in some cases, patients will have to develop an entirely different skill set or educate themselves on the day-to-day management of their conditions. Depending on the nature of the condition, some

lessons are necessary to impart knowledge that doctors won't be able to cover during a single office visit.

There are a wide variety of medical conditions that could require additional educational resources for patients and their families that physicians may suggest after a diagnosis has been made. For example, patients may consider lessons in diabetes care, cancer pain management, nutrition, and countless other subjects that can enrich their understanding of their medical condition and improve their quality of life in managing their ailments.

How do I obtain a Letter of Medical Necessity for lessons?

A Letter of Medical Necessity (LMN) for lessons is necessary for reimbursement with most benefits providers to ensure that it is necessary for the treatment of a medical condition. This letter must outline how an account holder's medical condition necessitates lessons, how the treatment will be used to alleviate the issue and how long the treatment will last. If the treatment plan exceeds the current plan year, another LMN will have to be provided to the benefits administrator to cover the duration of the treatment.

Learning Disability Treatment: FSA Eligibility

<https://fsastore.com/fsa-eligibility-list//learning-disability-treatment>

LEARNING DISABILITY TREATMENT: REQUIRES A LETTER OF MEDICAL NECESSITY (LMN) TO BE ELIGIBLE WITH A FLEXIBLE SPENDING ACCOUNT (FSA)

Learning disability treatments with a Letter of Medical Necessity (LMN) are eligible for reimbursement with a flexible spending account (FSA), health savings account (HSA), a health reimbursement arrangement (HRA). Learning disability treatments are not eligible with a dependent care flexible spending account (DCFSA) or a limited-purpose flexible spending account (LPFSA).

What are learning disability treatments?

A learning disability treatment is any sort of education, coaching or lessons that help a child overcome a learning disability caused by mental or physical impairments. This would also include something like a nervous system disorder, visual blindness, hearing disabilities, or birth defects that might require remedial language training.

In each case, the expenses associated with treatment that helps to overcome a learning disability are eligible for reimbursement with a consumer-directed healthcare account so long as a medical professional has made a proper recommendation. This recommendation could apply to learning disability treatment lessons with, for example, a braille teacher, a lip reading teacher, or a remedial language teacher. The medical professional might also recommend the learning

disabled child attend a special school where the principal reason for attendance is to overcome the learning disability.

Some special schools may also offer other forms of education; if that's the case, then the other education must be incidental to the school's primary focus of overcoming a learning disability. Other medical expenses associated with school attendance are eligible for inclusion in a reimbursement. Those expenses might be costs of tuition, meals and lodging, for example (National Institute of Child Health and Human Development).

Learning disability treatments must be recommended, by a medical professional, for the purpose of overcoming the learning disability, rather than alleviating behavioral issues or other types of education. If they are not recommended in this fashion, then the expenses associated with the treatment aren't eligible for reimbursement.